



Recruitment of supervisors to The Mindfulness Network

The Mindfulness Network is a charity whose key vision to develop and maintain the integrity of mindfulness-based supervision (MBS).

A large part of the Mindfulness Network's mission has always been to provide high-quality MBS. The mindfulness-based supervisors who are registered with us have been through a rigorous recruitment process. Our supervisors work in a freelance capacity, taking responsibility for tasks such as contracting, invoicing supervisees and ensuring they have personal insurance. The Mindfulness Network provides guidance and a community of support with other supervisors. Annual registration is currently £15 per month.

We have a small number of vacancies for mindfulness-based supervisors to join our team. We welcome applications from eligible candidates of all backgrounds and we actively encourage applications from Black, Asian and Minority Ethnic (BAME) backgrounds, who are currently under-represented in our pool of supervisors.

Application Process

Applicants are invited to submit the information listed below in points 1-5 by **Monday 6th May 2019**. Please send via email with attached documents to Esther Elize at supervision@mindfulness-network.org.

1. Please use the following four headings (**including dates, where and with whom you've taught and trained, etc**) to provide a detailed summary of how you fulfil the MN's Good Practice Guidance for Supervisors <https://www.mindfulness-supervision.org.uk/good-practice-guidelines-for-supervisors/>:
 - A. **Mindfulness-based teaching, training and experience**
 - B. **Supervision and training experience**
 - C. **Clinical/contextual background**
 - D. **Specific Competencies for mindfulness-based supervision**

2. A letter/email of personal recommendation from your mindfulness-based supervision trainer.
3. A letter/email of personal recommendation from your mindfulness-based supervisor, which includes how long they have supervised you and that your teaching is of a proficient level.
4. If you have other ways to show that your teaching is of a proficient level, such as MBI:TAC assessments, then please include these.
5. A summary of why you want to be a supervisor under the umbrella of the Mindfulness Network.

Please send the above information as email attachments.

Shortlisting and Interview Process

Alison Evans and colleagues will shortlist the candidates according to how well they meet the MN's Good Practice Guidelines for supervisors, recommendation letters and fit with the MN. There are currently four vacancies. Shortlisting will take place by Friday 15th May.

We will then invite shortlisted candidates to an interview with Alison and another colleague lasting approximately 30 minutes (through Zoom, Skype or telephone) during May/June 2019.

Decisions will be made after all the interviews by Alison and the colleagues involved in the shortlisting and interview process. All decisions will then be communicated to the applicants.

If you have any questions, please email Alison Evans at alison@mindfulness-network.org